



A program that provides information on living in Canada and specifically, in Saint John, NB

Building healthy communities

What is Canada School?

Canada School is a program that provides relevant information on living in Canada and specifically in Saint John, New Brunswick. As newcomers settle and make Saint John their new home, Canada School offers information and orientation to newcomers to make timely and well-informed decisions during their settlement process.



Participants will gain essential and useful information regarding:

- Canadian law, culture, systems and history
- Community services and programs in Saint John
- Accessing resources nationally, provincially and in the municipality and local neighbourhoods
- Connecting and interacting with local service providers and community members of good standing





Structure of Program

There are 10 modules in Canada School. Each module will cover essential topics that are relevant to settling and living in Saint John and Canada. Depending on the level of English, the program will run everyday for 3 hours for 4 - 5 weeks.

- For lower levels of English, the program will run 3 hours daily for 5 weeks. Interpretation will be provided as needed.
- For higher levels of English, the program will run 3 hours daily for 4 weeks.

Eligibility

Canada School program is open to Permanent Residents and all levels of English.

Modules

Module 1: Life in Canada

In this module, participants will get an overview of Canada, the people and family life. Topics such as geography, customs and expectations, family behavior and parenting will be covered. These topics are valuable for newcomers' ability to learn about the local culture and how to adjust with their family.

Module 2: Getting Around

In this module, participants will learn about local geography, public transportation, long distance travel, and driving within New Brunswick.

Module 3: Social Programs & Community Services

In this module, participants will learn about the government of Canada, immigration and Canada's social system. This module will also examine various programs and community services that newcomers can access in Saint John and New Brunswick.

Module 4: Banking, Shopping & Finances

In this module, participants will learn about banking and banking services in Canada. This module will also cover scams and frauds and how to protect yourself from them.

Module 5: Housing

This module will cover housing in Canada; how to find an apartment and being a tenant. This includes etiquette and expectations around communicating with people throughout the process of finding housing and living in New Brunswick.

Module 6: Health

In this module, participants will learn about the health care system, home safety and maintaining a healthy life in Canada. Understanding the Canadian health care system is valuable information for newcomers navigating a new social system when taking care of their families.

Module 7: Education

In this module, participants will learn about the public education system in New Brunswick. It will cover student behavior and ways to help children adjust to school in Canada. The module will also look at continuing studies through universities, colleges and other programs.

Modules continued...

Module 8: Employment

In this module, participants will get an overview of working in Canada, by discussing labour standards, labour unions, credential assessment services and volunteering. This module will also explore how to look for a job in New Brunswick through resumes, cover letter, job interviews and the process of getting paid in New Brunswick.

Module 9: Canadian Law

In this module, we will look at the Canadian justice system, criminal law and civil law. Participants will gain an understanding of their legal rights as well as how to navigate Canada's justice system and stay safe.

Module 10: Recreation & Entertainment

This final module will discuss local holidays, festivals, parks, and recreation activities. Participants will get ideas of what to see and do around New Brunswick. This knowledge can help newcomers explore and participate in their community.

Registration

Registration is required to participate in Canada School. To register, please complete the registration form (click on the button below) and return it to Newcomer Connections. You will be contacted by our Settlement Trainer to confirm details and your registration to Canada School.

I want to register!

Contact Us

Newcomer Connections Centre YMCA of Greater Saint John 191 Churchill Boulevard Saint John, NB

Phone: 506-634-4860

Email: newcomerconnections@saintjohny.ca

www.ymcanewcomers.com

